

無雙神傳英信流拔刀兵法 大石神影流劔術 澁川一流柔術

## 貫汪館会報

貫汪館支部：横浜、名古屋西、北大阪、呉中央、久留米、フランス、オーストラリア、ロンドン  
エルパソ、インディアナポリス、トリニダード・トバゴ

### 平成二十九年 廿日市天満宮 奉納演武

名古屋西支部長 林大介

12月17日(日)、毎年恒例の廿日市天満宮奉納演武に参加致しました。貫汪館の主催行事で最も伝統あるものの一つで二十年近くにわたって行われています。私は前の年に初めて参加させて頂き、今回は二度目の参加でした。長く行われている行事に加わることが出来、嬉しく思っています。

今回は貫汪館顧問の岡田先生とご門人、森本館長と本部のご門人、名古屋西支部からは私が参加し、演武は無雙神傳英信流、澁川一流柔術、大石神影流劔術の順に行われました。私はそれぞれ大森流と英信流表を合わせて五本、四留から四本(受：本部 定木氏)、陽之裏から五本(打太刀：森本館長)を演武させて頂きました。

小高い丘の上にある廿日市天満宮の境内は静謐で厳かな空間です。当日は手がかじかむほど寒かったのですが、場の良さもあり、心身ともに落ち着いた状態で演武に臨めたように思います。館長からも、この日の演武はなかなか良かったと評価を頂き、ここ数年来同じような点でご指摘を頂くことが度々あり、忸怩たる思いを抱いておりましたので、工夫の成果を発揮できたことを大変嬉しく思いました。ただ、その後の講習会では、あの演武に遠く及ばないのご評価を頂き、自身の油断を猛省致しました。何故演武では良く、その後悪くなったのか。普段の生活態度、毎度の稽古における心掛け、全てが技に表れてくるのだと改めて気付く機会となりました。自身のすべてに心を配り、良い状態を維持し、更に上達していけるよう精進に努めたいと思います。



## 1月13日～14日「貫汪館古武道基礎講習会」に参加して

定木秀早

1月13日から1月14日までの2日間、基礎を身につけるための本部講習会が開催されました。

今回の講習会は、基本を振り返り基本の大切さを学ぶよい機会であり、県外からは横浜、名古屋と大阪支部、県内では呉支部からの参加、また国外から、ロンドン部門下生やアメリカ・ミシガンからの参加者もあり、非常に国際色豊かな講習会となりました。

講習会一日目は、無雙神傳英信流居合兵法の礼法、抜刀から構えての歩法、斬撃、納刀、大森流、大石神影流剣術は、構え、試合口、陽ノ表、澁川一流柔術は、履形、吉掛を行い、

講習会二日目は、無雙神傳英信流居合兵法の大森流をおさらいし、太刀打、大石神影流剣術は陽ノ裏、澁川一流柔術は込入を行いました。

無雙神傳英信流居合兵法では、抜刀時の緩みと左手の引きの動きの大切さ、しかし動きの中でも決して正中線は揺るがず構えに繋がり、斬撃までの自然な動きと血振り、全体を通じて体は自然の重力のままに動きます。

そして何より手の内の重要さを繰り返し教わりました。

また、大石神影流剣術については、今回は特に基本である構えに時間をかけたように思います。太刀を持つことで生まれる自然な半身、真剣、上段、付け、車、脇等の構えは、その構えをとるのではなく、当然のように太刀はそれぞれの構えに納まる。それは動いているのは太刀ではなく臍下丹田が動く（回る）ことにより太刀は自然と納まるのです。

さらに基本となる試合口では、一心・無明一刀等での「張る」という動きは、素早く動こうと内太刀の太刀を受けるやすかさず「張る」動きは結局、手先でしかない。

一見ゆっくりのようですが確実に受け丹田が働けば、自然にしっかりした「張る」動作になります。

「できているときは分かりません。自分では分からず。自分ではゆっくりした動きだと思っても周囲から見ればよどみない自然な動きに見えます。」との森本館長の言葉に改めて基本の習熟の大切さを悟ります。（本来、「張る」ことができなければ次の段階に進むことなどできないでしょう）

そして、試合口から陽の表等と進みますが、やはり仕太刀と打太刀が互いに気持ちの繋がりを解かないことが大切です。

打太刀は、上位者であり、仕太刀を導き、仕太刀は独りよがりな動きではなく、打太刀の導きに答えてこそ大石神影流剣術手数が成立するのです。

心が繋がっているからこそ、一步先じた自然な攻防の動き、無理無駄のない動きが生まれるのです。

さらに、澁川一流柔術に至っても同様です。

捕りと受けが互いに繋がっていること、「地にしっかりと安定し、ゆるがない正中線、常に臍下丹田が原動力、一連の動きから気合いまですべて丹田から、そして鼠蹊部の緩み」など、森本館長から繰り返し指導を受けました。

また澁川一流柔術の履形等では、森本館長がイギリス・ロンドンからの門下生（なんと身長は180センチ以上、体重も100キロ以上の巨漢です）を苦も無く相手をされ、館長の動きをまじかで見えて感じる事ができました。

たった二日の短い講習会でしたが、改めて基本を熟考させる有意義な稽古であり、遥々イギリス等から参加した門下生の熱心さに感心し、横浜支部長、名古屋西支部長や各支部の面々、貫汪館顧問の岡田先生とも稽古できたことに感謝するところです。



## **KANOUKAN SEMINAR REPORT – JANUARY 2018**

Jacob Greasley

This January, the Kan-oukan organisation hosted its International Basic Seminar (koshukai) in Hiroshima prefecture Japan where koryu styles of jujutsu and swordsmanship were taught to members and specially invited guests. Koryu refers specifically to styles that were derived prior to the meiji-restoration of 1867, in the era of the samurai. Where one koryu martial art is often enough for a life-time of study, Kanoukan is very unique in that it teaches three separate koryu arts.



The first is Shibukawa Ichi Ryu Jujutsu, a jujutsu style that was practiced by both the samurai clansmen of the Matsuyama domain and the towns people of the Hiroshima domain. The style has a huge curriculum containing unarmed combat and self-defence techniques and many weapon techniques.

The next martial art practiced in Kanoukan is Muso Shinden Eishin Ryu Iai Heiho (MSERIH). This art has a long and complex history and is over 500 years old. It primarily focuses on the skill of drawing the sword from its housing (saya) to cut down the opponent. However, MSERIH also teaches sword duelling techniques (kenjutsu) and sword-based grappling techniques (jujutsu).

The third art taught at Kanoukan is Oishi Shinkage Ryu kenjutsu, a system of sword duelling that teaches the methods developed by famed swordsman Oishi Susumu of the Yanagawa doman. After receiving an invitation by the feudal lord in the 1830s, Oishi went to Edo where he achieved great fame. This was because he was undefeated in many challenge matches against famous instructors of the time.

Kunio Morimoto is the founder of the Kanoukan organisation. He quite remarkably holds the highest rank of Menkyo Kaiden in all three of these koryu arts having mastered their techniques. In January's seminar Morimoto sensei quite passionately shared his knowledge of the initial katas and tekazus (techniques practiced in pairs) in these martial arts. Morimoto sensei is an astute teacher and pushes his students on many of the finer points of the techniques. He emphasizes training 'the inside' which generally refers to deeper details about the posture and movement of the body allowing the practitioner to be more efficient and powerful. He explained that the three different martial arts were closely connected through their internal principles and therefore supplement each other. For example, principles of posture, breathing and relaxation which are critical for swinging the sword, are equally critical for the application of effective and powerful jujutsu



techniques.

The following techniques were covered in over 12 hours of training on the weekend seminar;

### 無雙神傳英信流拔刀兵法 Musoshinden Eishin Ryu Iai Heiho

- 大森流 *Omori-ryu*  
Techniques of drawing the sword from the saya, most starting from the seated (seiza) position.
- 太刀打 *Tachiuchi*  
Sword duelling techniques using the standard length wooden sword (bokutou)



### 大石神影流劍術 Oishi Shinkage Ryu Kenjutsu

- 試合口 *Shiaiguchi*  
Introductory level sword duelling techniques using the longer type wooden sword unique to the style.
- 陽之表 *Younoomote*  
A larger set of paired duelling exercises to further develop biomechanics.
- 陽之裏 *Younoura*  
Techniques requiring a higher level of awareness to stay in tune with the opponent and sense his intentions.

### 澁川一流柔術 Shibukawa Ichi Ryu Jujutsu

- 履形 *Kutsugata*  
Techniques devised for stopping or countering a knife attack as the blade is drawn from the waist.
- 吉掛 *Kikkake*  
Defences against a single hand thrust to the upper body. These techniques can be used to protect against a push, a punch or some types of grabs.
- 込入 *Komiiri*  
Defences against a two-handed lapel grab.
- 両懐剣 *Ryokaiken*  
Defending attacks from an opponent with two knives.
- 互棒 *Gobou*  
Using a short stick to defend against an opponent with a knife.
- 四留 *Yotsudome*  
Techniques for dealing with an attacker grabbing both hands, and multiple attackers who seize the defender's arms.



The seminar was very well-attended by instructors and branch managers from around Japan, the Caribbean and Europe who were in awe of the quality of instruction. Morimoto sensei is very determined not only to teach students techniques at a high standard, but also to develop the proper spirit (heart and mind) of budo and the proper etiquette for practice, as it has been done for centuries. Through this master teacher students were able to better feel and appreciate the true essence of authentic samurai martial arts. A truly unforgettable experience.

He also emphasizes the importance of being a good person, having a good heart, and fostering good relationship. That being said, after training members had a fun social gettogether and enjoyed some fine Japanese cuisine in a buffet style dinner.

This seminar was a great experience not only to learn authentic techniques of ancient martial arts, but also to experience Japanese culture. Hiroshima prefecture has a very rich history and there are many fantastic sights and historical attractions that greatly enhance the experience of training there.



# Kanoukan Basic Seminar – January report

John Ramirez

I had the pleasure in January 2018 of visiting the Kan ou-kan Organisation for their **International Basic Seminar** in Hiroshima, Japan. The organization practices three separate Koryu styles.

- Muso Shinden Eishin-ryu Iai Heiho 無雙神傳英信流拔刀兵法
- Oishi Shinkage-ryu kenjutsu
- Shibukawa Ichi-ryu jujutsu

The Kan ou-kan Organisation is led by Founder and President Morimoto Kunio Sensei. Morimoto Sensei holds Menkyo Kaiden in each of the three Koryu arts practiced by the Organisation and is the highest authority for the three Koryu styles.

Mr. Morimoto is recognized by the Association of Japanese Traditional Martial Arts (Nihon Kobudo Kyokai) and the Association for the Promotion of Japanese Traditional Martial Arts (Nihon Kobudo Shinkokai) as the legitimate successor to and head of Muso Shinden Eishin-ryu Iai Heiho and Shibukawa Ichi-ryu jujutsu.

Mr. Morimoto is also an executive board member of the Association for the Promotion of Japanese Traditional Martial Arts (Nihon Kobudo Shinkokai).

The **International Basic Seminar** in January introduced participants to the Koryu styles practiced in Kan ou-kan covering the following over two intense days of training:

無雙神傳英信流拔刀兵法 Muso Shinden Eishn Ryu Iai Heiho

- Omori Ryu
- Tachi Uchi

大石神影流劍術 Oishi Shinkage Ryu Kenjutsu

- Shiaiguchi
- Younoomote
- Younoura

澁川一流柔術 Shibukawa Ichi Ryu Jujutsu

- Kutsu Gata
- Komiiri
- Kikkake
- Ryokaiken
- Gobou
- Yotsudome

The Weekend Seminar was lead by Morimoto Sensei and was well attended by Kan ou-kan Instructors and visitors from throughout Japan, USA , Europe and the Caribbean.

Mr. Morimoto's expert instruction made the seminar very insightful as he effortlessly performed and taught the various techniques for the three Koryu style to the various level of participants, teaching not only the techniques but ensuring that all in attendance

came away with a greater understanding of the inner principles involved in the techniques – something that Morimoto Sensei emphasized was more important than just performing the movements as he indicated that making the connection with one's training partner and opponent was key to fully grasping the techniques.

We were left in awe with how Morimoto Sensei is able to deliver such a high standard in three separate Koryu systems.

After Two full days of training - Those in attendance came away with a deeper respect and understanding of the Koryu arts that the Kan ou-kan practices.

After the seminar we gathered for Dinner at a Buffet styled restaurant to consume authentic Japanese cuisine and to discuss what we learned from the seminar with one another.

I was glad to be given the opportunity to learn and share what the Kan ou-kan Organisation and Morimoto Sensei has to offer. I'm also glad to have met and trained with some amazing and talented people which include Branch managers of Kan ou-kan, these are people I wish to meet and train with again soon in future seminars.



# Seminar-essay

Eric Drummond

More and more often, the modern world is realizing the value of ancient wisdom. One of the gems of knowledge that grew from long ago that was on full display at the latest Kan ou-kan koryu seminar is that “the mind moves the body.” New and experienced could tell the truth in this as the training progressed.

For those who were new to kobudo, there were many surprises in store. Though experienced in other more modern forms of martial arts, those beginning the training in the traditional jutsu styles quickly discovered how different it was to what they were used to. What was most remarkable was several things; how the battlefield styles were without the restrictive rules governing the modern styles, that all of the techniques stemmed from what was happening in the mind before extending to the body, and how exhausting trying to relax can become. Most of the newer students were used to very high intensity, athletic training complete with constant cardio. Yet they found their energies spent after what they originally took for a very low impact activity. The reason behind this is that the energy it takes to extend from the mind through the body is the old and forward thinking way of doing things. In many modern styles, the body is trained and sharpened first and then the secrets of how the mind can shape the technique follows. But the old masters viewed this as doing things in the reverse order. A well trained mind can produce more energy than even an average body will need. This was undoubtedly an eye opener to a number of participants.

For those of us who have been regular students for a while, it can also get frustrating even though this principle has been known. Whenever it seems like you have a good grasp of even some of the most rudimentary of kata, it turns out that there is more to discover in the subtleties. We often get scolded about doing something wrong that for years we have been doing in an acceptable way. However, the reason for this is due to the same underlying factor. As we grow, the standards get more demanding. And the fact of the matter is that what we need to correct in order to “get things right” has far less to do with what our legs, arms, and muscles are doing than it does with what our minds and souls need to do. The corrections that we need to improve are all in visualization and living the foundational principles, making them a regular part of us on a daily basis. The growth we are striving for will come only when we engineer our minds. And that takes devotion.

Our energies define who we are. What we do and how we do it are integral parts of our own unique identities. But energy has a source, a pressure that sends it forth to cause results. The stronger the generator, the more powerful the voltage, the more good can be done. The ancients knew this and called it “ki.” The modern day population would be wise to reclaim this principle in an effort to enable real personal growth.

